

Occult and Eastern Meditation

Invasion Continues

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The Berean Call

[TBC: Proliferation Of Occult And Eastern Mysticism Continues To Invade The U.S., Sometimes In The Most Unexpected Locations.]

Note from Pastor Kevin Lea follows this article.

Waiting Rooms Turned Into Meditating Rooms *[Excerpts]*

Peaceful Earth, LLC has come up with the Meditation Challenge... a way to help people develop the habit of meditation and experience peace in their lives and their relationships. Waiting rooms across the country are turning into Meditating rooms as part of the Don't Wait-Meditate™ campaign of the Meditation Challenge.

"The goal of the Meditation Challenge is to help 100,000 people develop the habit of meditation," says author/speaker/meditation facilitator Lisa Hepner of Peaceful Earth, LLC. "The sad truth is that most people are aware of the benefits of meditation and yet very few have a regular meditation practice. I have found that the biggest obstacle people face in developing a regular meditation practice is "time." They say they don't have enough time to meditate."

Yet did you know that the average American spends 42-60 minutes a day waiting? We wait for doctor's appointments or meetings. We wait on hold on the telephone and for computer programs to download. We wait in line at grocery stores and banks and we wait in traffic.

The Don't Wait-Meditate pledge invites people to convert waiting time into meditating time. And what better place to start with than places where people wait a lot-Waiting Rooms.

Hepner is approaching holistic health centers all across the United States to get them to participate in the Meditation Challenge by converting their waiting rooms into meditating rooms. Clinics in Oregon, Hepner's home state, were the first to participate and now centers across the United States are following suit.

Participating health practitioners and clinics receive flyers that look like magazines to put in their waiting rooms. These flyers include tips on how to meditate while waiting. Then when people sign the "official" pledge, they receive Free podcasts explaining various meditation techniques they can use while waiting.

If one person, at a time, can commit to turning their waiting time into meditating time, he/she would experience immediate, beneficial results, and find that he/she doesn't mind waiting. So far people from all across the globe (U.S., Canada, England, Iran, Australia, Ethiopia, China, Bangladesh, Jamaica, India, France, Germany, Egypt and more... .) have signed the Don't Wait-Meditate pledge. It is one of the easiest things people can do to develop a regular meditation practice.

As part of the Meditation Challenge people can also participate in 21 day live meditation instruction to develop the habit of meditation in only 15 minutes a day from the comfort of their own home. The goal is to support 100,000 people in developing the habit of meditation and it can be as simple as converting waiting time into meditating time. For more information: <http://www.meditationchallenge.com>

Note from Pastor Kevin Lea: There is a vast difference between “meditation” and “meditating on the Lord.” Meditation is involved with new-age occultism which exposes the practitioner to the deceptions of demons. Meditating on the Lord involves reading and meditating on what God’s word says and how the Lord can apply it to our lives.

Many who practice “meditation” think they are pleasing God because they are meditating on God, but not on God’s word. But the demons are good at deceiving people into thinking they are meditating on God when in fact they are meditating on their own imagination of who god is, which is idolatry.

It used to be that waiting rooms had a Gideon Bible so that people could read and meditate. Now the Gideon Bibles have been replaced by new-age and occultic meditation how-to pamphlets which will be leading many astray. I pray the reader will bring your own Bible to the waiting rooms, so that you can receive from God instead of Demons.

Ps 119:14 I have rejoiced in the way of Your testimonies, as much as in all riches. 15 I will meditate on Your precepts, and contemplate Your ways. 16 I will delight myself in Your statutes; I will not forget Your word. 17 Deal bountifully with Your servant, that I may live and keep Your word. -----78 Let the proud be ashamed, for they treated me wrongfully with falsehood; but I will meditate on Your precepts. 79 Let those who fear You turn to me, those who know Your testimonies. -----147 I rise before the dawning of the morning, and cry for help; I hope in Your word. 148 My eyes are awake through the night watches, that I may meditate on Your word. 149 Hear my voice according to Your lovingkindness; O LORD, revive me according to Your justice. (NKJ)

1 Tim 4:13 Till I come, give attention to reading, to exhortation, to doctrine. 14 Do not neglect the gift that is in you, which was

given to you by prophecy with the laying on of the hands of the eldership. 15 Meditate on these things; give yourself entirely to them, that your progress may be evident to all. (NKJ)